



# January

## Crew Profile of the Month: Lisa Abbatangelo

Lisa Abbatangelo began supporting The Princess Margaret Foundation eight years ago, when some of her family members signed up to walk. Lisa would stay at home to take care of her nieces and nephews as her siblings walked, but as soon as the kids were old enough, Lisa knew she would take part, too.

“I wanted to be a part of supporting all of the inspiring people (who walk),” Abbatangelo said. With four years behind her as a Crew Member on a OneStop, she is a seasoned pro. Abbatangelo commits to OneWalk to Conquer Cancer each year with Team S.W.A.T.

“It means everything to do this with family. For my dad, cancer was a death sentence. More recently, though, it’s about being a survivor.”

Abbatangelo wants to do her part to help The Princess Margaret conquer cancer in this lifetime. She said she wants her nieces and nephews to only know cancer as part of history, not the future. The breakthroughs from Princess Margaret Cancer Centre continue to inspire Abbatangelo and OneWalkers like Kitty Cohen continue to bring her back, year after year.

The dedicated Crew Member has experienced rain three out of four events she’s worked. “What’s a little rain in this fight,” Abbatangelo said.

She believes the rain helps make the OneWalkers feel that much more victorious as they cross the finish line. Abbatangelo calls the rain angel tears, saying that it always clears up at the end of the OneWalk.

“In the morning, the angels are crying for their children, but by the end of the day, they stop because they know we are going to win this fight,” Abbatangelo said.

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In 2016, Abbatangelo plans to complete the 25-kilometre OneWalk and work as Crew Captain for OneStop 4 with the help of her team.



**Register Today to be a part of Crew for  
2016!**

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## Fundraising Tips

Although no minimum is needed for Crew, every little bit raised helps Princess Margaret! Here are steps to success to reach your \$500 minimum.

- \$50 self – donation
- Share your goal with one person that you know will support you
- Work with your Crew team to come up with way to fundraise together
- Share it on Social Media ie. Facebook, Twitter

***Break it down for your yourself!***

***If you ask 20 people for \$25.00 you will reach your \$500.00 goal.***



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Believe It!  
WE WILL CONQUER CANCER  
IN OUR LIFETIME

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